

Brown Family DIFFICULT CONVERSATION

What conversations do the Browns need to have:

What is making it “difficult”?

What communication Styles might be present. What do they need to keep in mind about these styles?

Write “I” statements regarding what you think, feel, believe and want from this person and/or situation:

What forms of resistance do you anticipate with the Browns? What should they keep in mind to handle it?

What “heart” items do they each need to keep in mind?

What “stories” (Victim, Villain or Helpless) do they need to be aware of and wrestle under control?